

AIKIDO READING LIST

AUTHOR

TITLE

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Homma, Gaku	Aikido for Life
Hyams, Joe	Zen in the Martial Arts
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Lowry, Dave	In the Dojo
Lowry, Dave	Moving Towards Stillness
Lowry, Dave	Persimmon Wind
Lowry, Dave	Traditions
Meyer, Ron & Reeder, Mark	Center-The Power of Aikido
Miller, Rory	Meditations on Violence
Morgan, Forrest E.	Living the Martial Way : A Manual for the Way a Modern Warrior Should Think
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Reynosa, L.	A Beginner's Guide to Aikido
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Shifflett, C.M.	Aikido Exercises for Teaching and Training
Shifflett, C.M.	Ki in Aikido: A Sampler of Ki Exercises
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Shioda, Gozo	Dynamic Aikido

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Sidney, James (Editor)	The Warrior's Path-Wisdom from Contemporary Martial Arts Masters
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Tohei, Koichi	Aikido: The Coordination of Mind and Body for Self-Defense
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Tohei, Koichi	How to Develop Ki
Tohei, Koichi	Ki in Daily Life
Tohei, Koichi	This is Aikido: With Mind and Body Coordinated
Tohei, Koichi	What is Aikido
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Ueshiba, Kisshomaru	The Art of Aikido: Principles and Essential Techniques
Ueshiba, Kisshomaru	The Spirit of Aikido
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Ueshiba, Moriteru	Best Aikido: The Fundamentals
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Ueshiba, Morihei	Budo: Teachings of the Founder of Aikido
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